



## ANNOUNCEMENTS

- All winter uniform orders received are with the manufacturer and we will keep all informed on delivery dates.
- 10 - 27 February - Grade 6 & 7 assessments.
- 17 February - Parent workshop, 18H00 - 20H00 Please note this will be compulsory for at least 1 parent to attend.
- 26 February - Evie's birthday
- 28 February - Shelanti extra murals end (private extra murals will confirm end dates directly)
- 14 March - Sports day, Sandown Curro school. Parents to drop children off directly at Curro at 7:30. Parents to collect from Curro at 12:30. Parents are reminded to start sourcing their house colour shirts.
- **Aftercare - please note that there is NO aftercare on Sports day( 14 March) and the last day of school (20 March) please plan accordingly.**
- **Please be mindful of parking in front of our neighbour's driveways. Let's ensure smooth traffic flow by dropping off and going in the morning - stopping for chats in the car during peak drop off times causes delays and traffic back up. Your cooperation is greatly appreciated!**
- **Camp Reminder - Parents, we're thrilled about the upcoming camp experience! Your enthusiasm and support will set the tone for a fun, adventurous time. With your excitement, your child will embrace the journey and create lasting memories. Let's make this an unforgettable adventure together!**
- Shelanti has a sign-out book for children leaving early. Please ensure you sign them out with the appropriate time before departure. Your cooperation helps keep everything running smoothly - thank you!
- **SCHOOL PHOTOS - All passwords have been sent out via email. Each grade has their own unique password and letter explaining the ordering process.**

## PRINCIPAL'S LETTER



Good morning dear parents,

We are thrilled to welcome you all tonight at 18:00! We hope the information we share will be both insightful and practical.

This week, I've decided to shift our theme from Thinking Preferences to Emotional Intelligence. We will explore the three levels of the brain:

- 🧠 The Thinking Brain (CEO)
- 🐘 The Emotional Brain (Elephant)
- 🐊 The Survival Brain (Crocodile)

At Shelanti, we start each morning with an emotional check-in to assess where our learners are within these brain levels. If a child feels like their Crocodile is out, we guide them to choose a strategy from their Wheel of Choice. If they are in their Elephant brain—whether content or unsettled—we encourage them to take a brain break to regulate their emotions.

The CEO (Thinking Brain) can only function effectively when the Crocodile is calm, and the Elephant is at ease. By using Keller Education's methodology, we empower our learners with emotional awareness and self-regulation strategies. This approach not only gives them control over their feelings but also removes shame, helping them to recognise when their Crocodile has taken over.

We encourage you to use this language and these strategies at home as part of your discipline and conflict resolution toolkit.

Tonight's Schedule:

☕ If you'd like to enjoy a complimentary cup of coffee, feel free to arrive a bit earlier.

🕒 The Foundation Phase parents will meet in the Grade 2 & 3 classrooms. Your first session will be with me, followed by a session with the teachers.

🕒 The Intermediate and Senior Phase parents will meet in the Grade 4 classroom. Your first session will be with the staff, and the second with me.

We truly hope to see at least one parent from each household. Looking forward to a great evening together!

Warm regards,

# SHELANTI SPORTS HOUSES

Shelanti has 3 sports houses. These houses compete against each other on Sports' day, but also during the term by earning points for their houses through academic achievements, and any other achievements inside or outside of school.

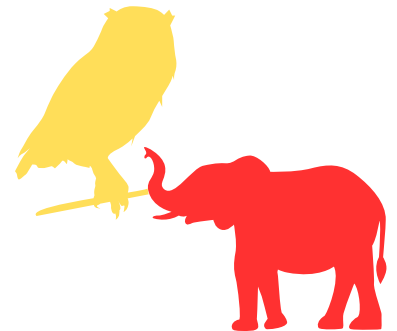
All students are allocated to Houses when they first join Shelanti. Siblings are always placed in the same House. All teachers have a list of the students houses. A student will wear a T-shirt representative of their house on the upcoming sports days which parents may wish to source in the interim.

3 African animals were the inspiration for our House names - The Lion, Owl and Elephant are symbolised by COURAGE (the lion), FAITH (the elephant) and INSIGHT (an owl).

The three Houses are –



**ULWAZI (yellow) – INSIGHT & THE OWL**  
**IZIBINDI (green) – COURAGE & THE LION**  
**THEMBA (red) – FAITH & THE ELEPHANT**



In the School, each House has a teacher support team and the Grade 7's are the team leaders for the year.

The house with the most points at the end of the year, receives the Shelley Sterland House Award. Earning points forms part of our Positive Discipline program, where learners are recognised and validated for all their efforts, both academic, as well as non-academic.





# Beach clean-up

18 - 22 February 2025

**Melkbosstrand between 08:30 – 12:00**

**Blaauwberg Nature Reserve** together with the **Friends of Blaauwberg Conservation Area** will be running beach clean-ups at different locations along Melkbosstrand beach every day from **18-22 February 2025**.

Come and join us as we focus on the coast from the Soutriver mouth to 1st Avenue, Melkbosstrand

Staff will be on site from **08:30 till 12:00** every day to welcome you and supply you with a bag.

Please bring your **own gloves**

Date	Any time	Meeting place
Tuesday 18 February	08:30 – 12:00	Parking area at Soutriver mouth Opposite Ouskip caravan park
Wednesday 19 February	08:30 – 12:00	Parking area at Slabber se klippe opposite 19th Avenue
Thursday 20 February	08:30 – 12:00	Parking area at 1st Avenue
Friday 21 February	08:30 – 12:00	NSRI building Parking area at 5th Avenue
Saturday 22 February	08:30 – 12:00	NSRI building Parking area at 7th Avenue

For more information, contact Elzette Krynauw [elzette.krynauw@capetown.gov.za](mailto:elzette.krynauw@capetown.gov.za)



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# AUTISM WORKSHOP

**NEURODIVERSE SUCCESS: Choosing  
the right school, constructive  
discipline and motivation for growth.**

R350 per person. Booking  
confirmed upon payment.

Contact

[andrealgrant@gmail.com](mailto:andrealgrant@gmail.com)  
for more information and  
banking details.

@Shelanti Private School  
Saturday 1 March  
10:00-12:00