

SHELANTI PRIVATE SCHOOL

23 FEBRUARY 2025

WEEK 7 TERM 1



ANNOUNCEMENTS

- 23 February - PHOTO ORDER DEADLINE - Photo orders and information attached.
- 28 February - ASD Meeting (Support group - all welcome)
- Holiday Club will be on offer for the upcoming holidays. More information to follow.
- Parents are asked to please update address and telephone changes on staff room to ensure accurate records.
- 6 March - Grade 6 & 7 Formal assessments end.
- 6 March Shelanti internal extra murals end. Please confirm paid extra murals dates with your coaches.
- 13 March - Sports Day Curro Sandown - Please ensure you know your house and T shirt colour option for purchase.
- 16-18 March SOS School Camp Intermediate Phase.
- **CAMP applications are closed, all the medical and dietary issues are being collated. Both links on the D6 were needig to be completed.**
- Reminder week 11 - School closure times - Grade R - 12:30/FP - 13:00 & Intermediate Phase - 13:30



Spoil your Mom on Mother's Day with gifts from the Grade 6 **Mother's Day Lucky Draw**

Tickets will be available for sale from your class teacher from April and are R10 each. Stand a chance to win prizes that include Beauty Products & a Spa voucher.



Shelanti Sports Houses

Shelanti has 3 sports houses. These houses compete against each other on Sports' day, but also during the term by earning points for their houses through academic achievements, and any other achievements inside or outside of school.

All students are allocated to Houses when they first join Shelanti. Siblings are always placed in the same House. All teachers have a list of the students houses. A student will wear a T-shirt representative of their house on the upcoming sports day which parents may wish to source in the interim.

The three Houses are - **ULWAZI** (yellow), **IZIBINDI** (green) and **THEMBA** (red).

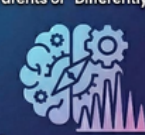
3 African animals were the inspiration for our House names - The Lion, Owl and Elephant are symbolised by **COURAGE** (the lion), **FAITH** (the elephant) and **INSIGHT** (an owl), our house colours are therefore red, yellow and green. In the School, each House has a teacher support team and the Grade 7's are the team leaders for the year.

The house with the most points at the end of the year, receives the Shelley Sterland House Award. Earning points forms part of our Positive Discipline program, where learners are recognised and validated for all their efforts, both academic as well as non-academic.

(Save the Date)

STOP THE BATTLEFIELD: A New Map for Neurodiversity

Empowering Parents of "Differently-Wired" Learners



The Reality:

- Does your child struggle with ADHD, Dyslexia, or Sensory Processing, despite being brilliant in other areas?
- You aren't alone, and it isn't "bad behavior."
- It's a **Spiky Profile**.

What You'll Learn in 60 Minutes:

- ✓ **The Spiky Profile:** Why your child excels at X but struggles with Y.
- ✓ **Meltdown vs. Tantrum:** How to tell the difference and what to do.
- ✓ **The Monday-Morning Toolset:** Practical strategies for home and school.

Event Details:

Date: 23 April
Time: 18:00 – 19:00 (Optional Q&A to follow)
Location: Shelanti
Speaker: Andrea Grant (BEd), Veteran Educator & Award-Winning Writer for Autism Parenting Magazine

Foundation Phase Introduction



At Shelanti, we are always looking for meaningful, research-based tools that support our learners — especially those who benefit from structured, multisensory teaching. We are proud to share that our school has invested in **Nessy Reading & Spelling**, an internationally recognised literacy programme designed to support reading, spelling and phonics development in a highly engaging way.

Nessy was founded by educators and dyslexia specialists and originally developed with materials from the Bristol Dyslexia Centre to help children who learn differently, especially those with dyslexia.

What makes Nessy so effective?

Nessy follows a structured, systematic phonics progression, which means skills are taught step by step, building securely on what the learner already understands.

Yes — it does adapt to the learner's progress.

Children move forward only once they have mastered a concept, ensuring:

- No gaps in foundational knowledge
- Consolidation before new content is introduced
- A personalised pace for each learner



The “Islands” Learning Journey

One of the most exciting features of Nessy is its island-based structure. Learners travel through different learning “islands”, each representing a specific phonics skill or spelling rule. On each island, they complete:

- Short, humorous teaching videos
- Interactive games
- Spelling and reading activities
- Reinforcement tasks

They cannot simply “skip ahead” — they must demonstrate understanding before progressing. This mastery-based system builds confidence while ensuring solid literacy foundations.

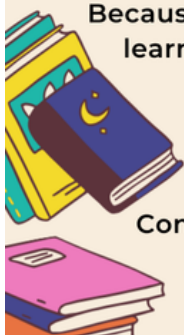
A Powerful Tool for Home Support

Because Shelanti has invested in this programme, families can now extend learning beyond the classroom. Just 10–15 minutes a day at home can:

- Reinforce phonics skills
- Strengthen spelling patterns
- Build reading fluency
- Increase confidence

Consistency between school and home creates the greatest impact.

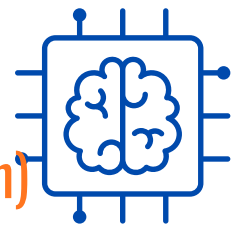
✨ Together, we build confident readers ✨



-Mrs Pepin, Head of Department: Foundation Phase-

This Week's Focus:

Building Thinking About Thinking (Metacognition)



At Shelanti, our goal is not only to teach what children learn, but more importantly how they learn. Next week, our focus will be on metacognition — helping learners become aware of and manage their own thinking processes.

We will be drawing on the work of Kathy Greenberg, the COGNET approach, and the CEA Model (Cognitive–Emotional–Academic) to develop essential thinking skills that support lifelong learning.

What is Metacognition?

Metacognition is often described as “thinking about thinking.” It enables children to:

Understand how they approach tasks

Recognise what strategies work for them

Adjust their thinking when they encounter challenges

Develop independence and confidence as learners

In a rapidly changing world, these skills are far more valuable than memorising content.

Skills We Will Be Developing

✓ Approach to Task

Learners will practise starting tasks with intention and clarity:

Asking: What is being asked of me?

Breaking tasks into manageable steps

Choosing appropriate strategies

This helps reduce overwhelm and builds confidence.

✓ Systematic Exploration

Children will learn to:

Gather information carefully

Observe patterns and details

Explore possibilities before rushing to answers

This nurtures curiosity and thoughtful investigation.

✓ Systematic Planning

Planning supports success. Learners will practice:

Organising ideas logically

Sequencing steps before acting

Anticipating challenges and solutions

This skill strengthens executive functioning and independence.

✓ Controlled Expression

Learners will focus on expressing their thinking clearly and appropriately:

Explaining reasoning

Communicating ideas in an organised way

Reflecting before responding

This builds confidence, emotional regulation, and respectful communication.

Why This Matters at Shelanti

In the Shelanti environment, we prioritise thinking skills over content memorization. Content changes: the ability to think, plan, regulate emotions, and solve problems endures.

By developing metacognitive skills, learners:

Become resilient when facing challenges

Take ownership of their learning

Build emotional awareness and self-control

Grow into confident, independent thinkers

These skills align with our commitment to nurturing the whole child — cognitively, emotionally, and academically.

How Parents Can Support at Home

You can reinforce these skills by:

Asking: “How did you figure that out?”

Encouraging planning before starting homework

Praising effort and strategy rather than results

Allowing children time to think before answering

UNIFORMS

IMPORTANT NOTICE: SHELANTI NEW UNIFORMS NOW SUPPLIED EXTERNALLY FOR 2026

Dear Parents and Guardians,

We are pleased to inform you that Shelanti Private School has partnered with a dedicated uniform supplier/manufacturer to streamline and improve the ordering and availability of new school uniforms for 2026.

What This Means:

Certain NEW formal and PE uniforms (for both Summer and Winter) will now be available through a designated uniform supplier.

Please note that we will be placing seasonal orders per term to try to allow for bulk ordering with manufacturer. Please note there will be limited stock at the shop due to our small numbers, so please place your seasonal orders early in the new term.

This change allows for better consistency, quality, and convenience for our families as you can pop in 6 days a week to collect or order you uniforms.

And the supplier can also for a fee tailor the uniform as needed.

Ideally, we would recommend that you bring your child in to fit.

Supplier Location: Dance Euphoria - 4 Sunningdale Drive, Sunningdale

Cynthia Bevan - 0215576887

Cynthia@danceeuphoria.co.za

Payment method - 50 % on order, balance on collection.

There will be a lead time on orders - 6 weeks

Opening Hours:

Monday-Friday: 9:30 AM - 4:00 PM

Saturday: 9:30 AM - 1:00 PM

Closed Sundays & Public Holidays

✓ Items to Order from the Supplier:

NEW Summer & Winter PE uniforms

NEW Navy pinafores (girls)

NEW Tracksuits

NEW PE skorts, shorts, and T-shirts

✓ Items to Purchase from Leading Retailers (e.g. Woolworths, Ackermans, Pick n Pay Clothing):

Sky-blue shirts (Foundation: no button-up; Intermediate: button-up short or long sleeve)

Navy shorts/trousers

Cardigans, pullovers, grey/white socks, black shoes, stockings

Raincoats/Jackets (navy)

Hats

✓ Still Available from the School:

Opening Hours:

Tuesday: 8:30 AM - 10.30M

• Also note that there is also a second hand Shelanti WhatsApp group where parents buy and sell directly. You can liaise with me for this link.

All Second hand school uniform items

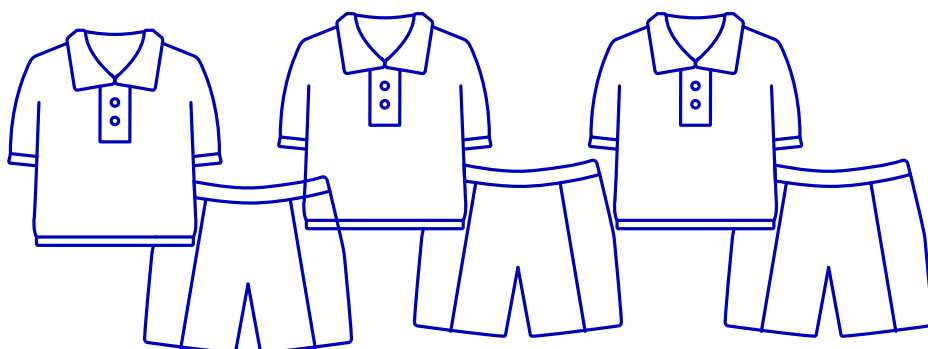
School bags / suitcases

Kindness T-shirts

Outing bags

Ties (Intermediate Phase)

Iron-on badges for shirts and jackets





SCHOOL PHOTO UPDATE



Dear Shelanti Parents

School Photos UPDATE

- All paid school photo orders to date have been processed.
 - All digital images have been sent off via a wetransfer link. The link does expire. If you think you have not received yours or your link has expired please let me know and I can sort it out. Please remember to check both your inbox and spam.
 - I will start printing soon, all prints will be delivered to Shelanti.
 - Order and Payment Deadline: 23rd February - images will no longer be available on the site once deadline has been met.
- You are welcome to email me, Manuela, on info@cheekyprints.co.za or whats-app me on 0825321330

Important information

If you do not have an account on my site you will need to register as a customer before you can place any order. Please note the password given to you by Shelanti is to view the images only.

PHOTOS ON SITE ARE LOW RES. PHOTOS SENT DIGITALLY AND PRINTED ARE HIGH RES AND WATERMARK FREE.

Sibling/Family Photographs: If your children had their sibling or family photos taken they can be found in the YOUNGER siblings class section. If you are purchasing for kids who are in different classes please note you need to place separate orders.

Digital Images: All digital images are sent to you via a wetransfer link within 4 days of order and payment clearing. Please check your spam folder for the link as well as it often lands up there. The link does expire.

Orders and Payments: Orders will close 23rd February. No order can be processed if payment has not been made. There are two payment options either EFT (my banking details are on the website) or a Payfast option (credit card) (this is a secure site). Once order deadline date has passed website will close and images will no longer be available.

Delivery of Prints: Prints will be delivered to Shelanti during March 2026. Communication will be sent out closer to the time.



What is Play Therapy

Play therapy is a specialised, developmentally appropriate modality designed to help children express and process emotional experiences through play. Because children often struggle to put complex feelings into words, play becomes their language and toys become their tools for expression. Within a safe and supportive therapeutic relationship, children use play to explore emotions, make sense of experiences, and build resilience. Play therapy supports emotional healing, strengthens self-regulation, and promotes healthy development.

Professional Practice & Ethics

Kristin Coleman is qualified to practice therapeutic play through Play Therapy International and is not a registered Clinical, Counselling or Educational Psychologist. She adheres to PTI's Ethical Framework and Code of Practice.

Play therapy services are not a substitute for psychiatric or medical treatment. Where necessary, referrals will be made to appropriate registered professionals.

Parental consent is required prior to the commencement of therapy.

About Kristin Coleman

Kristin has worked with children in various settings for over 5 years, and is passionate about helping them reach their full potential. Her experience working with children has shown her how powerful a safe and nurturing environment is, and how it allows for self-expression and freedom to bring about positive change. She studied Psychology for 4 years at UCT and SACAP, graduating Honours cum laude, before pursuing her passion through studying play therapy.

Safeguarding Measures

For the safety of the children, Play Therapy International members ensure that they meet the following requirements:

- Up to date, clear police check
- Received regular clinical supervision
- Adheres to Play Therapy International's Ethical Framework
- Insurance policies in place

Contact details
071 686 6002
kristinc1301@gmail.com

PTI Membership Number:
7024006605



KRISTIN COLEMAN

Play Therapy Information Brochure

